

Cornell NutritionWorks

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We would like to introduce you to Cornell NutritionWorks, a new on-line service for nutrition professionals offered through the Division of Nutritional Sciences at Cornell University. We provide continuing professional education from the convenience of your desktop computer.

Cornell NutritionWorks members can check out our latest on-line cyber-presentation, "The Role of Childbearing in the Development of Obesity in Women." This presentation features Dr. Christine Olson, Professor in the Division of Nutritional Sciences at Cornell University. Dr. Olson provides an excellent example of how research can be used in practice and includes practical ideas and tools to help women address the issue of weight gain during and after pregnancy. In addition to viewing the presentation, members can take the self-assessment for credit (additional fee) and participate in the on-going discussion board to share thoughts and ideas.

Other cyber-presentation topics available to Cornell NutritionWorks members are "Biological, Environmental and Sociological Influences on Body Weight" and "Evaluating the Evidence: A Look at Phytoestrogens."

Go to www.nutritionworks.cornell.edu and see for yourself what Cornell NutritionWorks has to offer toward your professional development.